



Lacrosse Clinics

Held at East Coast Sports Academy
3580 Oceanside Road, Oceanside, NY 11572

You must practice to get better at anything. Are you practicing the right things? We cannot practice for you, but we can teach you proper techniques. If you are self motivated to learn and/or get better at lacrosse, our clinic is for you. Coach Ron Kraemer of Blaze Sports Training, Inc. is proud to offer the following clinics:

1st – 4th grades – for the first time player, skills will include catching, passing, shooting, scooping and cradling. Players need to bring their own lacrosse stick and wear sneakers.

Beginner Boys – Fridays 4-5pm (4/1, 4/8, 4/15, 4/29, 5/6 – 5 sessions \$120)
Beginner Girls – Thursdays 4-5pm (3/31, 4/7, 4/14, 4/28, 5/5 – 5 sessions \$120)

3rd & 4th grades – for players with some experience, the focus will be on sharpening basic skills and developing new skills to enhance level of play on the field. Boys need to arrive in full equipment. Girls need to bring their own lacrosse stick, goggles and mouth guard.

Boys – Tuesdays 4-5pm (3/29, 4/5, 4/12, 4/26, 5/3 – 5 sessions \$120)
Girls – Thursdays 4-5pm or 5-6pm (3/31, 4/7, 4/14, 4/28, 5/5 – 5 sessions \$120)

Each session will be broken up according to age and skill level. Sessions will begin on time. Space is limited, so please mail your registration today - confirmations will be emailed. The clinics are for interested and highly motivated players only.

One-on-one and small group instruction also available - Email us at blazesportstraining@verizon.net
Coming soon – Little Lax Stars for preschoolers

To Register – Complete this form, make check payable to Blaze Sports Training, Inc. Mail the completed form and check to Blaze Sports Training, Inc., 2724 Brian Street, Oceanside, NY, 11572.

Mar/Apr/May 2011 Lacrosse Clinics – Registration Form (please print clearly)

Circle one: Beg. Boys-Friday Beg. Girls-Thursday Boys-Tuesday Girls-Thursday

Child’s Name: _____ Date of Birth: _____

School Attended, Town & Grade: _____

Home Address (Include Town & Zip): _____

Home Phone Number: _____ Email: _____

Parent’s Name & Cell Phone #: _____

Recognizing the possibility of physical injury associated with lacrosse and in consideration for Blaze Sports Training’s accepting the registrant for the programs described herein (the “Programs”) I hereby release, discharge and/or otherwise indemnify Blaze Sports Training, Inc., its officers, employees and associated personnel, including the owners of any fields and/or facilities utilized for the Programs, against any claim by or on behalf of the registrant’s participation in the programs and/or being transported to or from the same, which transportation I hereby authorize. My child has had a recent physical examination by a physician and has been found physically capable of participating in the programs. I grant Blaze Sports Training, Inc., and its officers, employees and associated personnel permission to act in my child’s best interest in the case of an emergency. I grant permission for my child to participate in the Programs.

Parent’s Signature: _____ Date Signed: _____